




COLLEGE STUDENT TIP SHEET

Dependents Living Separate



IF YOU NEED TO...	THEN YOU NEED TO...																		
<p>Download Your Benefit Apps</p> 	<p>These apps give you access to your claims information, ID cards, in-network provider finders, and more and are available for download on your smart phone.</p> <ul style="list-style-type: none"> ■ Sydney Heath (Anthem Medical) ■ Express Scripts (Prescription Drugs) ■ Delta Dental 																		
<p>Register for LiveHealth Online</p> 	<p>Anthem's LiveHealth Online allows you to see a doctor using your smart phone. Download the app and register, and you'll be ready to chat with a provider when needed. This can be used for:</p> <ul style="list-style-type: none"> ■ Flu ■ Cold ■ Pink eye ■ Headaches ■ Sinus infections ■ Allergies ■ Infections ■ Not for emergencies! 																		
<p>Decide On a Care Option</p> <table border="1" data-bbox="185 1200 522 1349"> <thead> <tr> <th>Medical Action</th> <th>Classic co-pays</th> <th>Saver (subscribers/dependents)</th> </tr> </thead> <tbody> <tr> <td>Anthem's 24/7 Nurseline</td> <td>\$0</td> <td>\$0</td> </tr> <tr> <td>Anthem's LiveHealth Online</td> <td>\$10</td> <td>\$65 / \$11</td> </tr> <tr> <td>Doctor's Office</td> <td>\$20</td> <td>\$125 / \$25</td> </tr> <tr> <td>Urgent Care</td> <td>\$50</td> <td>\$190 / \$38</td> </tr> <tr> <td>Emergency Room**</td> <td>\$200 then deductible + 20%</td> <td>Deductible then \$200 + 20%</td> </tr> </tbody> </table> <p><small>*Average cost of doctor's urgent care visit **Average cost of ER visit is \$1,500</small></p>  <p>LEVELS OF CARE</p>	Medical Action	Classic co-pays	Saver (subscribers/dependents)	Anthem's 24/7 Nurseline	\$0	\$0	Anthem's LiveHealth Online	\$10	\$65 / \$11	Doctor's Office	\$20	\$125 / \$25	Urgent Care	\$50	\$190 / \$38	Emergency Room**	\$200 then deductible + 20%	Deductible then \$200 + 20%	<p>When you aren't feeling well, you have multiple care options available. Depending on the situation, your location, the time of day, etc., some care options can be more efficient and cost effective.</p> <p>The chart to the left represents the choices available to you and the associated costs, depending on your Health Plan option. The Anthem Nurseline is 1-888-596-9473 and can be found on the back of your Anthem card.</p>
Medical Action	Classic co-pays	Saver (subscribers/dependents)																	
Anthem's 24/7 Nurseline	\$0	\$0																	
Anthem's LiveHealth Online	\$10	\$65 / \$11																	
Doctor's Office	\$20	\$125 / \$25																	
Urgent Care	\$50	\$190 / \$38																	
Emergency Room**	\$200 then deductible + 20%	Deductible then \$200 + 20%																	
<p>Find In-Network Facilities and Providers</p>	<p>You can use the apps to locate in-network facilities, providers and pharmacies near you. It's good to know what's in-network before the need arises.</p> <p>Use these instructions to locate in-network information.</p> <ul style="list-style-type: none"> ■ Step-by-Step Instructions for Using Anthem BCBS's Provider Finder ■ How to Find an Anthem Blue View Vision Provider ■ Step-by-Step Instructions for Finding an In-Network Dentist 																		

<p>Fill Out Waiver Insurance Forms – these are typically required to waive University/ College insurance and provide proof of other coverage</p>	<p>Insurance Company Information:</p> <ul style="list-style-type: none"> ■ Anthem Blue Cross Blue Shield Customer Service Number: 1-855-698-5676 ■ Policyholder Information: Parent's name that carries insurance coverage ■ Policy Number/Member Number: This is the ID number from your card beginning ANTANxxxxxxx. Some forms may ask for a Member Number and a Policy Number. Since we are a group health plan, we do not have policy numbers, only member numbers. You can complete is as blank or N/A. ■ Group Number (if requested): 212077
<p>Obtain Additional Health Care Flexible Spending Account Cards and Health Savings Account (HSA) Cards</p>	<p>Health Care FSA – contact Inspira Financial at 1-844-729-3539 to request additional cards for your flexible spending account Health Savings Account (HSA) – request additional cards through Fidelity's HSA team at 1-800-544-3716 or through your netbenefits.com account</p>
<p>Obtain information for traveling overseas</p>	<p>Emergency Travel Assistance</p>
<p>Obtain information for emergency assistance when 100 miles or more away from home</p>	<p>MetLife Travel Assistance Brochure</p>

WHERE TO GO FOR ASSISTANCE

You can contact the MPC Benefits Service Center at 1-888-421-2199, opt 1, then opt 3 or [create a case](#) in Workday.

WHERE TO FIND PLAN DOCUMENTS

Go to www.myMPCbenefits.com.

No portion of this benefits summary is intended to change the terms of the plans and policies, or the official texts that control them. If there is any inconsistency between this summary and the official texts of the plans and policies, the official texts will prevail.



PHONE: 1-888-421-2199 | [CREATE A CASE IN WORKDAY](#)

WEBSITE: www.myMPCbenefits.com